

# Dinnaton Swimming Pool Timetable



TIME	6-7	7-8	8-9	9-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22
Monday	Dinnaton Swimming Club (3 Lanes)	Adults Swimming Only	General Swimming						Dinnaton Swimming Club	Adults Swimming Only				Closed		
Tuesday	Adults Swimming Only		General Swimming						Dinnaton Swimming Club		DSC Masters	Adults Swimming Only	Closed			
Wednesday	Adults Swimming Only		Aqua	General Swimming				Learn To Swim	General Swimming Dinnaton Swim Club	Adults Swimming Only		Closed				
Thursday	Adults Swimming Only		General Swimming						Dinnaton Swimming Club		Adults Swimming Only	Closed				
Friday	Dinnaton Swimming Club	Adults Swimming Only	Aqua	General Swimming				Dinnaton Swimming Club	Adults Swimming Only			Closed				
Saturday	Closed	Adults Swimming Only	Dinnaton Swimming Club	Learn To Swim	General Swimming				Adults Swimming Only	Closed						
Sunday	Closed	Adults Swimming Only	Dinnaton Swimming Club			General Swimming				Adults Swimming Only	Closed					

## KEY

- Adults Swimming Only = 16 years and over
- Aqua = Aquafit Class to burn calories and get you in shape. These are FREE as part of your membership. Part of the pool is still open.
- Dinnaton Swimming Club = Part or whole of the pool is closed for squad training.
- DSC Masters = The pool is open to adults that want to join Dinnaton Swimming Club Masters and do lane swimming
- General Swimming = Children can use the pool but NO inflatables.
- Learn To Swim = Learn to swim lessons are offered to children. To join your children up please see Learn To Swim on our website